Real Life Management was founded by Wayne Nance after he set out to address his own personal demons: out of control spending, obesity and a family on the verge of divorce. Wayne's quest for personal peace started him on a life-long journey to understand our God-given “hard-wiring” and how our attitudes can influence how we live and interact with others in either a positive or negative way.

Author of “Mind Over Money”, “Thin, Rich and Happy” and “Real Life Management”, Wayne has enjoyed a successful career as a Fox radio personality, public speaker, life coach and mentor. He spends his time teaching “Real Life” skills to corporate, civic and church groups across the nation.

Wayne has recently focused on empowering a select group of Certified Coaches to aid in taking the Real Life message across the nation and around the globe.

www.reallifemanagement.com

What Others are Saying About Real Life Management

“Real Life Management is the best tool I have read (and it is very readable) for understanding exactly what each person's preferences and motivations are and how to live a more successful life...this book goes into spiritual solutions to personal problems, and I recommend it highly.” – Dr. Ted Baehr, Chairman, The Christian Film and Television Commission

“Zig Ziglar says, 'Your attitude, not your aptitude, determines your altitude in Life.' Real Life Management is a fantastic book that hits the 'attitude' nail on the head and is perfect for people who want more success in their personal, family, business, and spiritual lives. The three-minute survey helps you pinpoint the attitude you have while the books gives you a specific game plan on how you can take control of your attitude, eliminate the negatives, and start achieving more of the things you want. Real Life Management shows you where to start and then gives you a plan on how to get there.” – Tom Ziglar, President & CEO, Ziglar

“Managing life is a challenge for all of us. But if you want inspiring advice and specific action steps that will put you on the path to potential, Real Life Management is for you.” – Dr. Jack Graham, Senior Pastor of Prestonwood Baptist Church, Dallas, TX

RLM Model

How our attitudes & beliefs, along with our God-Given uniqueness influences our choices and how we live

“Real Life” with others.
There is a “Real-Life” Crisis in America’s Churches

Real Life Management has uncovered an alarming trend in churches across America:

- 85% of church members are broke
- 67% of church members are obese by CDC standards
- 56% of church members are divorced

These problems negatively impact the ability of the Body of Christ to fulfill the Great Commission both individually and corporately.

Real Life Management has spent the past 28 years working with clinicians, pastors, educators teaching “Real-Life” principles that help individuals and families identify their God-Given uniqueness, learn to communicate more effectively, and to make better choices when it comes to relational, health and financial matters.

Our God-Given Attitude Contributes to the Problem

Be honest in your evaluation of yourselves, measuring yourselves by the faith God has given us...In his grace, God has given us different gifts for doing certain things well. Romans 12:3,6 NLT

Real Life Management has developed a 3-Minute Survey that helps identify our unique God-inspired “hard wiring”. By understanding how we “live life” and our “primary needs”, we can better identify where we have conflict in relationships, and how negative emotions can cause us to make inappropriate choices when it comes to relationships, food, health, fitness and money.

Understanding Our Uniqueness

Real Life Management is committed to helping individuals and families identify and celebrate their God-given uniqueness, as well as how our attitude and beliefs can affect how we interact with others in either a positive or negative way.

♦ Improve Communication
♦ Reduce Stress (At Home & Work)
♦ Make Better Health & Money Choices

Our “Real-Life” Solutions

Parenting, Marriage & Money: A fun-filled interactive workshop designed to help families improve communications, reduce strife, and effectively serve one another as they live “real life”.

10 Steps to Financial Fitness: A look at money’s role in the life of the believer and how our attitude can get in the way of making wise money decisions. A good primer on managing money using God’s word as a guide.

Relationships: A fun, interactive look at how our attitude can get in the way of effective communication and be the catalyst for strife and conflict. Great for a general session, couples, teens and young adults.

Food & Fitness: A workshop focused on helping Christians understand why they make poor food & fitness choices, as well as how our attitude can lead us to engage in addictive behaviors.